

## Informant Behavioural Questionnaire

Changes in behaviour that are observed by the those close to a patient can be very important for reaching an accurate diagnosis. This questionnaire should be filled out by a **close relative or friend** of the patient.

This questionnaire should be filled out based on what **you** have noticed as an observer, and **not** based on the patient's opinion of themselves.

Name of person filling out this form:	
Relationship to patient (spouse, son/daughter, friend etc.):	
Name of patient:	
Years (approx.) that you have known the patient:	
Today's date:	

For each item, please **circle** a number according to the following system:

- 0 = never (or unchanged, was always like this)
- 1 = rarely (e.g. a couple of times per month)
- 2 = sometimes (e.g. a couple of times per week)
- 3 = often (e.g. daily or almost daily)
- 4 = happens constantly
- N/A = Not Applicable (they never performed this activity even before problem began)

Please provide a response to **every** item:

	0	1	2	3	4	(N/A)
Has difficulty recalling the details of recent conversations or activities	0	1	2	3	4	
Forgets what day it is	0	1	2	3	4	
Repeatedly asks the same question	0	1	2	3	4	
Loses/misplaces items	0	1	2	3	4	
Forgets the names of known acquaintances	0	1	2	3	4	
Has difficulty following the plot of books/movies/TV programs	0	1	2	3	4	
Can get lost, or struggle to find way, in <b>unfamiliar</b> places (e.g. when on holiday)	0	1	2	3	4	
Can get lost, or struggle to find way, in <b>familiar</b> places (e.g. in the local neighbourhood)	0	1	2	3	4	
Forgets to purchase items when shopping						
Tells the same anecdote/story from their past life over and over again	0	1	2	3	4	
	0	1	2	3	4	(N/A)
Forgets, or does not understand, the names of items	0	1	2	3	4	
Has difficulty finding words during conversation	0	1	2	3	4	
Mispronounces words	0	1	2	3	4	
Says 'yes' when they mean 'no' (and vice-versa)	0	1	2	3	4	
	0	1	2	3	4	(N/A)
Struggles to see/locate objects that are in plain view	0	1	2	3	4	
Misjudges distances (e.g. when reaching for something)	0	1	2	3	4	
Has difficulty parking the car						
Has difficulty reading						
	0	1	2	3	4	(N/A)
Has difficulty using a telephone/making phone calls						
Has difficulty using appliances (washing machine/TV etc.)						
Has difficulty handling money (counting correct change etc.)						
Has difficulty dealing with finances (bills, banking, tax returns etc.)						
Decline in personal grooming (hair, make-up, changing clothes, showering etc.)						
Has difficulty dressing/needs assistance to dress						
Shows less enthusiasm for hobbies/interests	0	1	2	3	4	
Lacks motivation/is apathetic	0	1	2	3	4	
	0	1	2	3	4	
Has become less affectionate	0	1	2	3	4	
Seems uninterested/unsympathetic when family/friends are having difficulties	0	1	2	3	4	
Is less affected/upset by sad news than in the past	0	1	2	3	4	
Can say things that seem inappropriate, rude or embarrassing to others	0	1	2	3	4	
Behaviour can be fixed or rigid (insists on a certain activity/way of behaving and cannot persuaded to alter)	0	1	2	3	4	
Has developed repetitive routines (e.g. always walking the same route; checking locks; cleaning etc.)	0	1	2	3	4	
Seems fixated by the clock (e.g. has to eat, go out etc. always at the same time)	0	1	2	3	4	

Collects or hoards worthless things	0	1	2	3	4
Has developed a catchphrase or expression that is said repeatedly	0	1	2	3	4
Can be reckless or impulsive (e.g. embarking on activities, spending money etc.)	0	1	2	3	4
Over-reacts (can get excessively stressed/upset over trivial problems)	0	1	2	3	4
Has developed an increased preference for sweet foods	0	1	2	3	4
Has increased appetite	0	1	2	3	4
Has lost interest in food	0	1	2	3	4
Wants to eat the same food at each meal	0	1	2	3	4
Has difficulty sleeping at night	0	1	2	3	4
Gets up in the middle of the night and is disoriented (e.g. wants to go out/have breakfast etc.)	0	1	2	3	4
Sleeps more during the day	0	1	2	3	4
Seems to act out dreams (while still asleep: thrashes about, calls out, etc.)	0	1	2	3	4
Has false beliefs. E.g. thinks (falsely) that someone is stealing from them; there is someone else in the home; that people are not who they really are etc.	0	1	2	3	4
Sees things that are not real (hallucinations)	0	1	2	3	4
Hears voices talking that are not real	0	1	2	3	4
Sees real things but mistakes their identity (e.g. thinks trees blowing in the wind at night are people)	0	1	2	3	4
Appears sad or tearful	0	1	2	3	4
Complains of being a failure or a burden	0	1	2	3	4
Appears excessively tense or anxious	0	1	2	3	4
Appears restless (e.g. pacing, cannot sit still)	0	1	2	3	4
Likes doing puzzles (e.g. Sudoku, word-searches, jigsaws etc.) more than in past	0	1	2	3	4
Has become more generous (e.g. wanting to give gifts, money etc.)	0	1	2	3	4
Is more 'laid back' or patient than previously	0	1	2	3	4

And finally:

(1) How long ago would you estimate that the problems began (in months or years): \_\_\_\_\_

(2) Would you say that the problems started (please circle one):

**Suddenly**

**Gradually**

**I'm not sure**

(3) Do you feel the problems are (please circle one):

**Fairly stable  
(not really changing)**

**Progressing  
(becoming more obvious)**

**Improving  
(getting better)**

**I'm not sure**

(4) Can the severity of symptoms fluctuate from hour to hour or day to day (please circle one)?

**Yes, very much so**

**A little**

**Not particularly**

**I'm not sure**