

# ADHD Assessment Checklist

Please complete the following as part of your ADHD assessment.

☐ **Fasting blood tests**

- Full blood count, Liver and renal function, Electrolytes, Calcium, magnesium, phosphate, Folate, Vitamin B12, Vitamin D, Iron level, Fasting blood sugar level, Fasting lipids

☐ **Urine drug screen**

☐ **ECG (Electrocardiogram)**

☐ **Body parameters**

- Blood pressure, Heart rate, Weight, Height
- These can be done at a chemist.

☐ **School reports (primary school +/- high school)**

- If you do not have them, contact your schools via email requesting copies under the *Freedom of Information Act*

☐ **Collateral appointment**

- Please book a phone appointment at the clinic with someone who knew you before 12-years-of-age

☐ **Patient questionnaires**

☐ **Informant questionnaires**

- Ask someone who knew you before the age of 12 to complete the informant questionnaires