

ADHD Assessment Checklist

Please complete the following as part of your ADHD assessment.

Fasting blood tests

- Full blood count, Liver and renal function, Electrolytes, Calcium, magnesium, phosphate, Folate, Vitamin B12, Vitamin D, Iron level, Fasting blood sugar level, Fasting lipids

Urine drug screen

ECG (Electrocardiogram)

Body parameters

- Blood pressure, Heart rate, Weight, Height
- These can be done at a chemist.

School reports (primary school +/- high school)

- If you do not have them, contact your schools via email requesting copies under the *Freedom of Information Act*

Collateral appointment

- Please book a phone appointment at the clinic with someone who knew you before 12-years-of-age

Patient questionnaires

Informant questionnaires

- Ask someone who knew you before the age of 12 to complete the informant questionnaires